

## Dr David Rosen

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## Patient Information – LLETZ

You have had abnormal cells removed from your cervix by electrical current (diathermy). This will heal without any major problems, but there are a few things to be aware of;

1. *You will most likely be pain free because we use local anaesthetic AND anti-inflammatory drugs during the procedure; however some patients experience crampy "period-like" pain. If this occurs use Aspirin, Paracetamol or Naprogesic / Ponstam type medications.*
2. *For the next 2-3 weeks there will be a clear or brownish-red vaginal discharge. This is quite normal and represents normal healing. If the discharge becomes fresh heavy bleeding please contact our rooms or your local doctor for assessment and ask them to get in touch with me.*
3. *No sexual intercourse for the next two weeks. Trauma to the cervix before full healing may cause bleeding.*
4. *Continue to use the Oral Contraceptive Pill during this time, if you are already using it.*
5. *Some women notice a change in their menstrual pattern; the next period occurring earlier, after or not at all. This can be quite normal but please feel free to contact us if the period is heavier or longer than normal.*
6. *Do not use Tampons for four weeks following surgery.*
7. *No swimming / baths for two weeks following the procedure.*
8. *You may be given a vaginal antibiotic cream to insert nightly following treatment. Please use this as per the instructions.*
9. **Follow-up is vital.** *A small percentage of patients have persistent, or develop recurrent, disease. This can only be detected at your follow-up appointments. Please contact the rooms in the next few weeks to organise immediate post-operative follow-up, and then we can make another appointment for six months time for repeat colposcopy.*